

Mental Health Partnership Agenda

2:00 p.m. Monday 17th May 2021

Venue: Microsoft Teams

Independent Chair: Adrian England

Present:		
Name	Role	Organisation
Adrian England (Chair)	Independent Chair	N/A
Alicia Marcroft	Head of Public Health	BMBC
Ben Brannan	Senior Public Health Officer	BMBC
Clive Collings	Inspector	SYP
Dave Fullen	Director of Customer and Estate Services	Berneslai Homes
Diane Lee	Head of Public Health	BMBC
Ellie Pate	Communications and Marketing Manager	BMBC
Elizabeth Hopkinson	Service and Development Manager	Barnsley and Rotherham MIND
Jackie Murphy	Nursing Quality	BHNFT
Janie Wike	OCM Manager	Social Prescribing Service
Jeremy Budd	Director of Strategic Commissioning and Partnerships	BCCG
Julie Chapman	Service Director- ASC	BMBC
Karen Hockley	Thematic Lead for Mental Health	SYP
Laura Fairbank	Public Health Officer	BMBC
Lauren Nixon	Transformation Lead	BMBC
Lesley Pollard	Service Director	Chilypep
Mark Smith	Vice Chair	Healthwatch Barnsley
Dr Omair Naiz	Consultant Psychologist	SWYFT
David Ramsay	Deputy Director	SWYPFT

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Patrick Otway	Head of Commissioning- Mental Health and Maternity	BCCG
Phil Ainsworth	Senior Public Health Practitioner	BMBC
Phil Hollingsworth	Service Director- Stronger Communities	BMBC

Apologies:

Name	Role	Organisation
Andrew Osborne	Interim Service Director of Commissioning	BMBC
Andrea Parkin	Chief Nurse	Barnsley Healthcare Federation
Cllr Jim Andrews	Cabinet Member	BMBC
Cllr Pauline McCarthy	Cabinet Member	BMBC
Deborah Whitton	Director	Barnsley Samaritans
Dr Michelle Horridge	Public Health Registrar	BMBC
Dr Suresh Chari	Consultant Psychiatrist	SWYFT
Dr Nadia Imran	ST4 Higher Trainee; Inpatient Service	
Emma Robinson	Business Improvement Advisor	BMBC
Joanne Carver	Mental Health Coordinator	SYP
PS Keith Scruton	Police Sergeant	SYP
Salma Yasmeen	Director of Start Change	SWYFT
Tom Smith	Head of Employment Skills	BMBC
Andy Berriman	Chief Inspector	SYP
Cherie Buttle	Superintendent	SYP

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Item No.	Item	Timings	Lead
	Welcome and introductions (5 mins)	2:00 – 2:05 p.m.	Chair
	For Action		
	<p>Minutes and Actions from the Previous Meeting (5 mins)</p> <p>The minutes of the previous meeting were agreed as a true and accurate record.</p> <p>Phil Ainsworth, Alicia Marcroft and Lauren Nixon have met regarding developing key messages to support a multi-agency approach to identifying opportunities for interventions and support to children and young people in relation to mental health and suicide. This will be covered as part of today's agenda.</p> <p>Partners to work together collaboratively to share knowledge and information of specific cases across the borough to help identify opportunities for support and intervention in relation to self-harm in school pupils – ongoing: Phil Ainsworth to provide an update as part of his agenda item covering this area.</p> <p>Phil Ainsworth and Omair Niaz to meet to consider the clusters of risk factors/methods of suicide for inclusion in a service specification that will set out how to deal with these areas – ongoing</p> <p>Learning disabilities and mental health report – ongoing, will be reported into this meeting once completed</p> <p>Ben Brannan thanked everyone for their contributions to the Mental Health Consultation – the response has now been submitted will be shared with the Mental Health Partnership members. ACTION: Ben Brannan to share the response to the Mental Health Consultation with members of the Mental Health Partnership.</p> <p>Workforce Mental Health has been added to the Forward Plan as a priority area and will be looked at in due course.</p> <p>Phil Ainsworth is presenting about the 'Zero Suicide' ambition at today's meeting – deep dive work is ongoing and will be brought back to this forum later (Michelle Horridge). Information sharing – Michelle doing a DPIA and progress is being made.</p>	2:05 – 2:10 p.m.	Ben Brannan

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	<p>Mental Health Strategy Plan (10 mins)</p> <p>Patrick Otway provided a progress update regarding the borough's Mental Health Strategy which is currently being refreshed. A 'Task and Finish' group has been established and will meet monthly to work through the various theme areas for inclusion. The new strategy will also cover dementia. Ben Brannan shared a timeline with the group showing the key dates for delivery. It has been agreed that the strategy will be completed by the end of September 2021 due to changes in Commissioning.</p> <p>Patrick Otway will provide progress updates at future Mental Health Partnership Delivery Group meetings and Mental Health Partnership meetings that will enable the wider membership to contribute, steer and influence.</p> <p>A draft version of the strategy will be available by the end of August. It is anticipated that the Mental Health Partnership group will sign this off by the end of September before it is presented to the Health and Wellbeing Board. The strategy will take a 'life journey' approach, incorporating several 'golden threads' and visualisation. Consultation will take place with everyone who has fed into the strategy to show that their input has been taken on board.</p> <p>Patrick explained that the overarching Mental Health Strategy will reflect all of the challenges; however, there will be a focus on 2-3 priority areas as it was felt that this would provide the best opportunity to make a positive difference and effect change – these priorities will be captured in an action plan which will be used to measure progress.</p> <p>The Chair thanked Patrick and the members of the Mental Health Strategy group for the progress that has already been made in such a short space of time and supported the 'priority area' approach.</p>	2:10 – 2:20 p.m.	Patrick Otway
	<p>Update from the Chair of the Mental Health Partnership Delivery Group (10 mins)</p> <p>Diane spoke about the origins of the Mental Health Partnership Delivery Group, (evolved from the Mental Health and Resilience Cell set up at the start of the</p>	2:20 – 2:30 p.m.	Diane Lee

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<p>pandemic), how it's developed and how it drives the work of the Mental Health Partnership.</p> <p>Mental Health Partnership Delivery Group updates will be reported into the Mental Health Partnership through a slide pack which will set out any key themes and issues. The pack will be circulated in advance of meetings, with the expectation that group members read the information and request additional information on an exception basis depending on which areas they want to learn more about.</p> <p>The aim will be to bring two subjects into the bi-monthly Mental Health Partnership meetings which are set out on the Forward Plan. Performance data will also be reported into the Mental Health Partnership.</p> <p>ACTION: Emma Labedzki to ensure that 'Children and Young People' updates are included in future slide packs.</p> <p>A discussion took place regarding the Mental Health Partnership Delivery Group and whether the membership could drive forwards the operational strands and various workstreams identified. Diane Lee responded that she felt the group membership is correct and that the theme leads will help to deliver the aims and priorities of the Mental Health Partnership through the Task and Finish groups, which enable partnership working through a collaborative approach.</p> <p>Phil Hollingsworth mentioned the work that is ongoing in Communities around recovery planning and homelessness which should be reflected in the theme updates. It was agreed that 'Complex Needs' should be added to the list and made explicit where people have more than one need.</p> <p>ACTION: Phil Hollingsworth and Diane Lee to meet separately to agree the best way to capture the 'Complex Needs' theme.</p>		
<p>Zero Suicide Ambition Launch (20 mins)</p> <p>Diane Lee introduced the item which stems from the Council's pledge to introduce a 'Zero Suicide' ambition throughout the borough, which was agreed at the Integrated Care Delivery Group.</p>	<p>2:35 – 2:55 p.m.</p>	<p>Diane Lee/Phil Ainsworth</p>

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Phil Ainsworth delivered a presentation (copy attached) setting out the approach taken, the comms. messages and the next steps in launching the 'Zero Suicide' ambition with a focus on the following:

- Leadership – ensuring everyone signed up to the same approach
- Collaboration of services all committed to preventing people from taking their own lives – it's a borough wide ambition, committed to delivering the message that suicide is preventable if we work collectively to achieve this
- Partnership working
- Pathways to care
- Communications and stigma
- Primary prevention
- Secondary prevention
- Tertiary prevention
- Data used to inform future decisions and future commissioning intentions

A discussion took place about the 'Zero Ambition' tag and whether this was helpful branding, with respect to its relationship with the idea of targeted approaches and timelines for delivery. Phil Ainsworth explained that the 'Zero Suicide' Ambition had been agreed by senior leaders as it was really challenging to quantify any other way due to fluctuating suicide rates. Real life stories and experiences are captured through the Suicide Learning Panels which helps to achieve a balance with the research and evidence-based learning.

Mark Smith commented that the work appears adult-orientated and asked what work is taking place to ensure the needs of children, young people and their families are being captured; Phil Ainsworth acknowledged this and said that conversations were ongoing with colleagues Lauren Nixon, Alicia Marcroft and Mel John-Ross to ensure that a Children's and Young People's section will be included in the self-assessment.

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<p>A discussion took place regarding recent comments from SYB ICS suggesting a 10% reduction and what implications this would have for the 'Zero Suicide' Ambition and the Suicide Prevention Strategy. It was agreed that this would need to be reviewed and any issues relayed back to NHS England.</p> <p>Karen Hockley referred to data across Barnsley and South Yorkshire re. suspected suicides for Children and Young People. As a member of the ICS Steering Group for Children and Young People, Karen gave reassurances that the data issues are being raised at the appropriate forums.</p> <p>Ben Brannan shared the 'Zero Suicide' Ambition comms. video, which will be available on social media sites from Wednesday 19th May – Phil Ainsworth encouraged partners to share this with their networks.</p> <p>The video was well received, with lots of positive comments and thanks given to everyone involved in pulling this together. Adrian England asked if all of the contact telephone numbers could be emphasised so that people know where to go. ACTION: Ellie Pate and Phil Ainsworth to update the contact details in the footage and share the link with partners when finalised, who can then share with their networks. Adrian England suggested sending the link to the central Comms. Engagement team at ICBG to ensure that everyone receives the video. ACTION: Ellie Pate to share the video with the central Comms. Engagement team at ICDG.</p>		
<p>Schools - Suicide and Self-Harm Update – Verbal (10 mins)</p> <p>Phil Ainsworth provided an update regarding some of the issues around self-harm that have been occurring in the borough's schools over the last few months. According to the Public Health Outcomes' framework Barnsley has some of the highest rates of self-harm in the country for girls between the ages of 11-24. In February 2020 a young person died from suspected suicide, which led to the development of a school contagion plan to try and prevent copycat behaviours. There were several admissions into hospitals from schools around that time, arising as a result of that young person's death. The school was supportive; however, there is a feeling that schools need additional support to help them to break</p>	2:55 – 3:05 p.m.	Phil Ainsworth

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	<p>down and understand some of the issues around self-harm.</p> <p>Phil Ainsworth suggested running a workshop session with schools to better understand the complexities involved in self-harm and what it means for children and young people. An organisation called 'Harmless', who work to address and overcome issues related to self-harm and suicide, have offered to work with BMBC and partners to deliver a workshop. Phil Ainsworth asked partners for their support in running the workshop to bring together workstreams and ensure a co-ordinated approach. Early conversations have already taken place with Mel John-Ross, Executive Director, Children's Services, about the workshop session. The overall aim will be to develop a Self-Harm strategy, one aspect of which will be about delivering services with a tangible health outcome, e.g. activities such as song, dance and theatre, that are known to improve children's and young people's mental health.</p>		
For Discussion			
	<p>Children and Young People Emotional Health and Wellbeing (30 mins)</p> <p>Alicia Marcroft provided the background to this piece of work which emerged from a multi-agency partnership visit to Kirklees Council two years ago to look at their integrated offer for children and young people's emotional health and wellbeing. This focused on early intervention through to intensive treatment and sparked some good ideas for a similar arrangement within Barnsley. A workshop was held involving the CCG governing body and Cabinet members with the aim of getting senior strategic buy-in and a commitment to that long-term vision, recognising that this was a significant change which would take time to plan and implement. Patrick Otway and Alicia Marcroft identified some funding for a temporary post to co-ordinate this piece of work, as it was felt that this would help to facilitate working across the partnership. This has led to a commitment from the CCG and BMBC Public Health to permanently fund the Children and Young People's Emotional Wellbeing Lead post.</p> <p>Lauren Nixon delivered a presentation which gave an overview of the work that's already taken place, what the current picture is and what the next steps are. Lauren has</p>	3:05 – 3:35 p.m.	Lauren Nixon/Alicia Marcroft

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undertaken a detailed scoping exercise to identify the strengths and recommendations of the programme and to set out the vision. This will be developed further in an action plan over the course of the next 12 months. These aspirations are supported by the Health and Wellbeing group and have also been developed in consultation with services and partners across the borough who support children, making it a true cross service improvement plan. The 6 broad priority areas are as follows:

- Early intervention and prevention
- Workforce development
- The Role of Schools and the Schools' Workforce
- Working Together – A Better Journey through Services
- Improved Support for Vulnerable Young People
- Engagement and Co-production

Work is ongoing to look at the following workstreams:

- Eating Disorder Pathway Working Group
- Self-Harm
- Engagement Strategy Task and Finish Group
- Trailblazer Wave 5-10 Expression of Interest
- Training Mapping Exercise
- Children Young People and Families Bereavement Service mobilisation

Lauren shared a draft version of the improvement plan which contains the priority headings and the actions which sit under these to give the group an idea of the format.

Adrian England thanked Lauren for her presentation which was well received and offered support from the group to take the improvement plan forward and encourage partnership working. It was also agreed that progress report updates will be reported into future

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<p>Mental Health Partnership meetings on a regular basis. ACTION: Emma Labeledzki to schedule Children and Young People's Emotional Health and Wellbeing as a regular item on the Forward Plan.</p> <p>A discussion took place regarding taking advantage of opportunities to undertake some joint work with Adults due to similarities with some of the outputs. Alicia Marcroft stated that this work is also reported into the Children's Trust Executive group and will be fed into the ICS via this route.</p> <p>Linking into this work, Lesley Pollard provided an update about the Children and Young People's Emotional Wellbeing Hub which is currently being refurbished and is partly open, with a view to being fully open by September. In terms of the landscape, this will be a key part of the Early Intervention and Prevention offer and will bring together the VCS and other partners, (Compass are basing themselves there, and the YMCA occupy the downstairs floor). The aim is to offer space to other VCS organisations to run groups and activities and hope for it to be somewhere for the VCS network to be 'based', working with them and statutory partners to bring together a whole range of services and support for young people within the building.</p>		
<p>Integrated Care System Update – Verbal (10 mins)</p> <p>Jeremy Budd spoke about the White paper that is out now concerning the future of the ICS and the move to become an Integrated Care Authority from April 2022. Barnsley is one of the authorities and it's important to ensure that Barnsley's voice remains strong – currently going through a transition process – it is anticipated that legislation will be presented to the House of Commons in July.</p> <p>Jeremy shared slides relating to the Health and Care Compact, setting out the values and behaviours that Integrated Authorities should work towards to reduce health inequalities. It is anticipated that this will be signed off by the end of May 2021 and that the Health and Care Partnership will come into fruition within the next few months.</p> <p>Diane Lee welcomed the inclusion of health inequalities in the Compact - mental health and health inequalities are significant and a workstream has been established to</p>	3:35 – 3:45 p.m.	Jeremy Budd

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<p>explore smoking prevalence, alcohol use, physical activity, and other factors that are known to contribute to CPD and cancer. Some of this work will be picked up through the Mental Health Partnership Delivery Group as well.</p>		
<p>Neighbourhood/Place issues/Partnership updates (10 mins)</p> <p>Police Inspector Clive Collings provided an update about some of the challenges and issues that South Yorkshire Police have faced over the last two years, with the caveat that the last twelve months have been extremely challenging due to the additional pressures arising from the pandemic. One of the main challenges has been dealing with Section 136 detentions which currently stand at a rate of 19-20 per month. There was a significant decrease in numbers during the Covid 19 pandemic, e.g. the figure dropped as low as 9 per month; however, there was a spike at the end of lockdown with the highest monthly figure recorded at 30 Section 136 admissions per month. There are four primary issues relating to Section 136 detentions:</p> <ol style="list-style-type: none">1. Triage and waiting to get through to Kendray and the advice given in terms of support to aid the immediate decisions that police officers must make to determine whether to detain a potential patient2. Lack of out provision after 2:00 a.m. – significant proportion of these incidents occur during the night and are often alcohol related which affects the times when people can be assessed – this has a knock-on effect as the police sometimes have to remain with people for prolonged periods of time3. Waiting times to convene and complete assessments4. Redirection to other mental health suites due to Kendray being unavailable and closed – this is a long-standing issue linked to the provision of mental health beds being relatively low <p>Police Inspector Clive Collings reported that in March 2019 about 43% of people remained with the police for a period of four hours before being assessed and admitted to Kendray (specific to the overnight work between the</p>	<p>3:45 – 3:55p.m.</p>	<p>Inspector Clive Collings</p>

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<p>hours of midnight and 9:00 a.m.) This number has now risen to 60% which is a significant increase. The number of people re-presenting (previously known to Mental Health Services) has also increased from 42% from March 2019 to 46/47% in 2021. Police Inspector Clive Collings also provided a case study concerning a violent individual who was detained by 4 police officers – it was not possible for this person to be assessed at Kendray so they were taken to Swallow Nest and then redirected to Rotherham District Hospital before being sent back to Swallow Nest again over a period of eight hours before assessment could take place.</p> <p>Mark Smith expressed disappointment with the waiting and assessment times and suggested that these be explored further and brought back to a future Mental Health Partnership meeting; Diane Lee agreed that this would be helpful. ACTION: Emma Labedzki to add Section 136 waiting and assessment times to Forward Plans as appropriate.</p> <p>Adrian England acknowledged the challenges involved in dealing with this area and thanked Police Inspector Clive Collings and his colleagues for their continuous work in this area.</p>		
Any Other Business and Forward Planning		
<p>Forward Planning and Future Agenda Items:</p> <p><u>Healthwatch Update</u></p> <p>Mark Smith provided an update regarding the activities of Healthwatch.</p> <ul style="list-style-type: none">• Deep Dive on Worsening Trends, including:<ul style="list-style-type: none">○ Recorded prevalence of depression in 18+○ Suicide○ Emergency admissions for self-harm○ Premature mortality of people with a Serious Mental Illness○ Quality of Life in older people○ Gap in employment rate between those with a mental health problem and the overall rate○ Perinatal mental health○ Eating disorders		Chair /Ben Brannan

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	<ul style="list-style-type: none">• Update on Learning Disability and Mental Health work. <p>Date and time of next meeting</p> <p>Monday 26th July 2:00 – 4:00 p.m. via Microsoft Teams</p>		
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